

## Nut Free Charoset Recipes

<p><b>Israeli</b>            2 red apples            2 bananas            2 oranges            ½ cup pitted dates            ¼ cup white grape juice            Cinnamon</p> <p><b>Iragi</b>            Honey            Figs            Dates            Raisins            Currants dark grape juice</p> <p><b>Ashkenaz</b>            3 red applies            ¼ cup grape juice            ½ cup honey            1 cup raisins            cinnamon</p> <p><b>Moroccan</b>            Figs            Dates            Raisins            Other dried fruit, like currants            Grape juice</p> <p><b>Californian</b>            Banana            Dried apricots            Mango            Dried apples            Banana chips            Cinnamon and curry</p> <p><b>Californai Charoset 2</b>            1 large avocado, peeled            juice of ½ lemon            golden raisins            pitted dates            pitted prunes            dried figs            grated peel of one orange            orange juice</p> <p><b>Sephardic Charoset (Combination of Syrian, Moroccan and Yeminite)</b>            Pitted dates            Apple            Raisins            Ginger juice (grate a fresh piece of ginger and Squeeze the granted portion to extract the juice)            Dark grape juice</p>	<p><b>Brazilian</b>            Avocado            Banana            Orange            Granny Smith apple</p> <p><b>American Nouveau</b>            Dried cranberries            Dried cherries            Honey            Strawberries (fresh or frozen)            Cinnamon, ginger, curry</p> <p><b>Hebrew School Recipe</b>            Apple sauce            Cinnamon            Raisins            Banana chips            Dark grape juice</p> <p><b>Chocolate</b>            Chocolate chips            Apples Honey            White grape juice</p> <p><b>Nana's Charoset</b>            White raisins            Red raisins            Granny smith green apple            2 tsp cinnamon            2 tsp sugar            grape juice to moisten</p> <p><b>Cranberry Charoset</b>            Apples            Cranberries            Raisins            Cinnamon</p> <p><b>Italian Charoset</b>            Chopped pitted dates            Apple            orange            banana            grape juice            ¼ tsp ground cinnamon            1/8 tsp ground cloves            1 tbs lemon juice            matzo meal as needed</p>
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### Yemenite Charoset 1

Pitted dates  
Dried figs  
Dried apricots  
White or black raisins  
Macintosh apples  
Dark grape juice  
Ground cinnamon

### Yemenite Charoset 2

Chopped dates  
Chopped green apple  
Matzo meal  
Sesame seeds  
Ground ginger powder  
Cinnamon  
Cayenne pepper

### Greek Charoset

1 orange, peeled and seeded  
½ cup raisins  
½ cup pitted dates  
Cherry preserves  
Dark grape juice  
Ground ginger  
Cayenne pepper  
Sugar  
1 tbs dark grape juice

### Wolfgang Puck's Charoset

Granny Smith apples  
2 lemons, juiced  
golden raisins  
honey  
cinnamon  
dark grape juice

### Persian/Iranian Charoset

1 chopped pear  
1 chopped apple  
chopped pitted dates  
chopped raisins  
cinnamon  
grated ginger root  
apple cider vinegar  
dark grape juice

### Turkish Charoset

Pitted dates  
Peeled and sliced apples  
Dried apricots  
Dried figs  
Ginger, coriander  
Cinnamon, dark grape juice

### Mexican Charoset

1 pear, peeled, cored, and chopped  
3 apples, peeled, cored, and chopped  
3 bananas, peeled and mashed  
2 cups pitted dates (about 1 lb)  
2 tbs ground cinnamon  
1 cup dark grape juice

### Venetian Charoset

Matzo meal  
1 peeled and cored apple  
3 sliced bananas  
10 pitted dates  
the juice and grated rind of ½ lemon  
the juice and well grated rind of ½ orange  
3 chopped hard boiled eggs  
dark grape juice  
1 tsp cinnamon  
sugar or honey